

New Zealand will be at Alert Level 3 from Tuesday 28 April

By <https://covid19.govt.nz/> - 20 April

We will hold at Alert Level 3 for 2 weeks, before Cabinet reviews how we are tracking and makes further decisions on 11 May.

The Government's decision today allows many businesses to get going again, and for many people to go back to work.

Schools will be able to open soon after we move into Alert Level 3.

At Alert Level 3 we will need to be even more vigilant. All of us will need to unite against COVID-19 by sticking to the rules.

The Golden Rules for Life at Alert Level 3

1. **Stay home.** If you are not at work, school, exercising or getting essentials then you must be at home, the same as at Alert Level 4.
2. **Work and learn from home if you can.** We still want the vast majority of people working from home, and children and young people learning from home. At-risk students and staff should also stay at home, and they will be supported to do so. Early learning centres and schools will physically be open for up to Year 10 for families that need them.
3. **Make your business COVID-19 safe.** COVID-19 has spread in workplaces, so the quid pro quo of being able to open is doing it in a way that doesn't spread the virus.
4. **Stay regional.** You can exercise at parks or beaches within your region, but the closer to home the better. Activities must be safe – keep 2 metres away from anybody not in your bubble. Make minimal trips.
5. **Keep your bubble as small as possible.** If you need to, you can expand your bubble a small amount to bring in close family, isolated people or caregivers.
6. **Wash your hands often with soap. Then dry them.** Cough and sneeze into your elbow.

7. If you are sick, stay at home and quickly seek advice from your GP or Healthline about getting a test. There is no stigma to COVID-19. We will only be successful if everyone is willing to play their part in finding it wherever it is.

The Golden Rules for Businesses at Alert Level 3

1. **If your business requires close physical contact it can't operate.**
2. **Your staff should work from home if they can.**
3. **Customers cannot come onto your premises.** Unless you are a supermarket, dairy, petrol station, pharmacy or permitted health service.
4. **Your business must be contactless.** Your customers can pay online, over the phone or in a contactless way. Delivery or pick-up must also be contactless.
5. **Basic hygiene measures must be maintained.** Physical distancing, hand washing and regularly cleaning surfaces. Workers must stay home if they are sick.
6. **If you used PPE in your business before COVID-19, then keep using it in the same way. If you didn't use PPE in your business before COVID-19, you don't need it now.** This is advice for retailers, manufacturers and the service industries. Different advice applies to essential healthcare workers, border agencies, courts and tribunal staff, first responders and corrections staff. [Visit health.govt.nz for more advice](https://health.govt.nz)
7. **You must meet all other health and safety obligations.**

Unite
against
COVID-19

Last Resort Update

By *Tania Tinomana*

Hi everyone, we hope you have all stayed safe during the alert Level 4 lockdown.

When we move into alert Level 3 on Tuesday, 28 April we are looking forward to reopening 3 days a week at this stage on Thursday, Friday and Saturday from 4pm to 7pm.

Please see our Covid-19 takeaway menu below. We will also be posting our weekly specials on our Facebook page or you can contact us to enquire (see this weeks specials on the right).

Eftpos payment will be available by Paywave or bank transfer. Please discuss this with us when placing your order.

Entry will be through the main entrance and then follow the signage remembering to keep you distance and obey the 2 metre rule when picking up the food.

We look forward to seeing you all very soon, thank you in advance and stay safe.

Ed, Tania and the team at the Last Resort.



KARAMEA
"A Very Special Place"

LAST RESORT TAKEAWAY SPECIALS

THURSDAY 30 APRIL

Sticky Pork Belly with Rice - \$18.00

FRIDAY 1 MAY

PIZZA - \$19.50

Meat Lovers, Smoked Salmon and Cream
Cheese or Vegetarian

SATURDAY 2 MAY

Karamea Fried Chicken (KFC)

- 8 piece pack \$35.00
- 4 piece pack \$20.00



Last Resort Takeaway Menu

Thursday, Friday & Saturday - 4pm to 7pm

Phone 7826 617



Chips	\$5.00
Curly Fries	\$8.00
Wedges	\$8.00
Kumara Fries	\$8.00
Fish	\$5.00
Blue Cod (whole fillet)	\$12.00
Turbot	\$8.00
Crumbed Mussels	\$1.50
Crumbed Scallops	\$2.50
Prawn Twister	\$2.50
Jumbo Sausage	\$3.00
Hot Dog	\$3.00
Mini Hot Dog	\$1.50
Spring Roll	\$3.00
Crabstick	\$2.50
Chicken Nuggets	\$0.80
Squid Ring	\$1.00
Doughnut	\$2.50
Chicken Schnitzel	\$5.00
All Sauces	\$0.50

BURGERS

your choice of Beef, Chicken, Fish or Vege

\$12.00

KIWI FAVOURITES

Loaded Wedges	\$15.00
Beef Nachos	\$15.00
Vege Nachos	\$15.00
Seafood Basket	\$18.00
Garden Salad (2 serves)	\$8.00
(4 serves)	\$14.00

Takeaway milkshakes & soft drinks also available.

All orders to be phoned through between 2:00pm
& 4:00pm on the day.

Check out our Facebook page for our daily
specials or contact us to enquire.



Karamea Area School Update

By Angela Sloane, Principal

Kia Ora

I have enjoyed joining classes for the weekly catchup with their teachers this week. Students have loved sharing their stories. I cannot thank parents/caregivers enough for the great work you are doing in getting students on-line and sending work back to their teacher.

Thank you for indicating to staff if your child in Yr 0 – 10 will/ will not be attending school from next Wednesday on-wards. Distance learning continues in all classes – Yr 0 -13.

We have some students attending next week and all Health and Safety precautions are being adhered to. A school bus is also bringing these students to and from school.

If your circumstances change e.g. you may be called back to work, please contact me – **DO NOT** just send your child to school as we have to comply with many regulations and this may take a number of days to sort out. Only authorised people may enter our school.

Staff members will again be talking with parents on how things are going this next week and how we can help in any way to either support you and your family. We have appreciated the feedback and I hope you have appreciated the call.

Please remember to contact your child's teacher or Team leader if you have any questions or concerns. Keep up the great work you have been doing.

Kia Kaha

Note: No unauthorised people to enter the School under Alert Level 3 - this includes parents. Please ring or email in the first instance.

Limited Field Work for DOC at Alert Level 3

DOC Media Release, 23 April

DOC will resume limited field work when New Zealand moves to COVID-19 Alert Level 3, while the public will be able to enjoy low-risk, local outdoor activities.

This shift allows DOC staff to undertake some important conservation work across the country says DOC Deputy Director-General Operations, Mike Slater.

“Under Alert Level 3 New Zealanders will be able to enjoy a little more of the great outdoors, but DOC’s campsites, huts and visitor centres will remain closed,” Mike Slater says.

Visitors can enjoy local DOC tracks, but overnight activities will not be permitted.

“We’re still encouraging New Zealanders to spend time in nature, but at Alert Level 3 there will be limitations – any outdoor activities should remain local, be limited to shorter local tracks around three hours, and visitors need to maintain two-metre physical distancing.”

Activities should only be done with people from the same ‘bubble’, Mike Slater says.

As it’s not possible to service DOC toilets to COVID-19 standards, these facilities remain closed – unless use is

unavoidable - and visitors must take their litter home with them.

“For places to remain open and to ensure everyone’s



safety, we must all stick to the Government’s guidelines outdoors, keep travel to a minimum and plan activities to avoid the need to use public bins and toilets,” Mike Slater says.

“People should continue to avoid activities that expose them to danger or may require search and rescue services.”

At Alert Level 3 hunting will only be permitted on private land with no hunting on public land.

Mike Slater says most DOC staff will continue to work from home to help stop the spread of COVID-19, and any field work will be closely managed, with health and safety the key focus.

“We’ve ordered appropriate PPE for our people, and the correct use of that will be absolutely paramount for any DOC staff permitted to do field work,” he says.

Any field work must be done in teams of two, unless authorised, and teams’ travel will be restricted and monitored.

DOC’s priority continues to be to support New Zealand in stopping the spread of COVID-19 and saving lives.

KARAMEA

EXPRESS

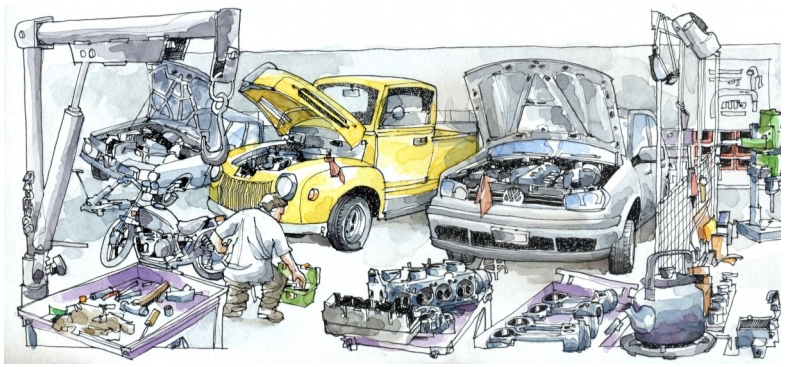
Karamea Express is operating at alert Level 3 for post and freight deliveries.

We are busy helping the Karamea Community receive items which include pharmacy parcels from Buller Pharmacy.

Our rural mail and freight deliveries will be Monday to Friday.

Please contact us on 027 288 6118 and we ask that you do not go to our depot during the lockdown period, we will arrange all deliveries etc via phone.

Stay safe everyone,
The Higgs Family



Bakers Creek Autos Ltd

W.O.F / Mechanical Repairs / General Engineering and Maintenance / Tyre Sales Fit & Balance / Battery Sales / Oils & Greases

Ben will be returning to work on Tuesday 28 April at alert Level 3 with social distancing protocols in place and additional hygiene measures as follows:

- To arrange a time to drop of your vehicle please contact Ben on 021 201 8056 or 7826 802.
- The workshop building access will be taped off to ensure the 2 metre safety distance of the customer and Ben.
- Payment can either be by eftpos machine by paywave or on-line payment can be made prior to collecting your vehicle.
- At the front counter a 2 metre tape will be on the floor to ensure that the customer stays 2 metres away from Ben.

**Open Monday to Friday from 8am to 5pm
Saturdays on call**



THE NEWS

171 Palmerston Street, ph 789 7319, email: editorial@westportnews.co.nz

Message from the Westport News

The News resumes printing Tuesday, April 28. If you'd like a home delivery subscription please email

emma@westportnews.co.nz or call

The News reception 03 789 7319 between 2pm and 5pm weekdays.

Existing subscribers need to do nothing – delivery will resume.

The online paper remains FREE until **midnight Sunday, May 3.**

For an online subscription please go to www.wpn.co.nz or call The News.

Current subscribers need do nothing – their usual login and password will apply.



Karamea Four Square will be supplying BDC Refuse Bags while the Info Centre is closed during the lockdown period

- ◆ \$30 for a 5 pack
- ◆ \$6 per single bag



Karamea Health Centre Update

Phone 03 7826 710

The Karamea Health Team would like to take this time to thank you for your cooperation and patience during alert Level 4 of the Covid-19 lockdown.

We also appreciate that although this social distancing has been hard "it is making a difference". New Zealand is leading the world with eradication but we don't want to let our guard down now and undo all the hard work you have all done, so during alert Level 3 we need to maintain our bubbles.

For the moment, going forward the Karamea Health Centre will continue to operate as for alert Level 4; with reduced face-to-face contact, one patient at a time into the clinic and all precautions taken to the best of our ability to provide you the health care you need without putting your wellbeing at any further risk. You may be asked to wait outside or in your car, until we can see you. Please observe the recommended 2 metre distancing at all times while waiting.

Doctor appointments continue to be available 1-2 days a week and the nurses are here 5 days a week and emergency clinics on the weekend. We thank you for your patience, understanding and compliance during these unprecedented times.

Please phone the clinic on 03 7826 710 for any health concerns. You will be assessed over the phone and where possible managed without the need to come in e.g. repeat prescriptions.

Karamea Health Centre has the flu vaccine in stock, these are free for those 65 years and over, or \$25 for all others. Please give us a call to book in your flu vaccine for this season.



Free Shingles vaccines for over 65's are still available, now extended until December 2020. If you are not yet 65 the cost is \$180.00.

Shingles is an aggressive and uncomfortable blistering rash that is accompanied by persistent pain. It can last from weeks to months.

If you have had the Chickenpox as a child, you still carry the virus and are highly susceptible to developing Shingles. Most cases develop in people aged 50 -80 years old. Around one third of the population will experience shingles in their lifetime.

Emergency health care will continue as usual, please dial 111.

COVID-19. If you develop a new cough, sore throat, fever or difficulty breathing, please phone the clinic as above or Health Line **0800 358 5453** for advice.

Weekend urgent clinics will continue on Saturday/Sunday from 2pm to 4pm, please call the nurse on 027 404 4958 before coming down.

We thank you for your understanding and patience.

If you find the phones are busy or the network is overloaded, please keep trying and leave a message, we will get to back as soon as we can.

We are continuing to provide 3 monthly scripts however we've been advised the pharmacy will supply your medication for one month at a time, in order to assist everyone without delays.

**Stay safe,
Karamea Health Team**



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against
COVID-19**

**Covid-19 Household Goods and
Services assistance number:**

03 900 9329

For urgent household goods and
services needs on the West Coast.



Monday 8:30am - 5pm
Tuesday 8:30am - 10am & 11:30am - 5pm
Wednesday 8:30am - 5pm
Thursday 8:30am - 5pm
Friday 8:30am - 10am & 11:30am - 5pm
Saturday 9am - 3pm
Sunday 9am - 3pm

Little Wanganui Hotel

Open for Takeaways at Alert Level 3

We're excited to offer:

- Fish N' Chip menu**
- Takeaway alcohol**
- Cigarettes & Tobacco**

available for PICK UP ONLY from Friday to Monday, 5pm to 8pm.

Place your order and confirm pick-up time via 03 7826 752 between 3pm and 5pm on the day.

Pay by card or bank transfer, strictly no cash.

Pick up from the front carpark ramp entrance.

We look forward to hearing from you!





nature aHead

To all my valued clients,

I hope you and your families are well and you are enjoying this extra time with your loved ones.

As you might be aware I will not be able to open the salon until we reach alert Level 2.

I am really looking forward to catching up with everyone and I am sure you are hanging out to come and see me too.

Hang in there we will all be looking a bit shaggy and "wiser" together.

I will do my best to fit you all in as soon as I can.

I would like to use this extra time to plan the first few weeks once we reach Level 2.

It would be really helpful if everyone with or without appointments, that would like a booking as soon as it is possible to sent me a message or email with the service you are after and the general times/days that you are available so I can get a schedule together.

Of course all of you who have missed pre-booked appointments during lockdown will be first in line.

In the meantime do not fret if you have to cut your fringe or even box dye your roots I promise I will not growl.

We are all in this together, let's do it right so we will only have to do it once!

To get in touch you can email me on lenafischbach@gmail.com, message me via www.facebook.com/natureahead or text/phone 027 782 6882.

I am looking forward to hearing from you. Take care.

Love to you all!

Lena



Update on Hunting and Duck Shooting at Alert Level 3

Hunters will be able to hunt on private land with special restrictions when New Zealand moves to Alert Level 3, but not on public conservation land.

From next Tuesday morning, hunters can hunt locally - as long as they have the landholder's permission and stick to the rules. More details here <https://tinyurl.com/ybdx8avk>.

The start of the duck shooting season has been delayed until the country moves to alert Level 2.



Karamea Sandblasting and Automotive Ltd



Phone 021 150 3812

16 Waverley Street | PO Box 70 | Karamea 7864

Email: ksandaltd@gmail.com

During alert Level 3 we will be operating from 9am to 4pm .

When you arrive please wait outside and call for Mike if he doesn't see you and there will be a book to sign in.

Please keep 2 metres from all staff where possible and we will do our best to accommodate you all at this time.



RE/MAX Elite

Karamea and Surrounds



Level 3 is here and I'm back in business. If you are thinking of selling and would like a free and honest appraisal, contact Lynda Pope, your "Realtor of Choice".

Lynda Pope
Licensed Salesperson

Ph: 027 272 4042

E: Lynda.pope@remax-elite.co.nz

Fifeshire Realty Ltd T/A RE/MAX Elite | Licensed Under REA2008
Each office independently owned and operated

Note from the Mayor – Karamea Chronicle 27 April 2020

Hopefully by the time you read this we will have dropped from level 4 lock down to level 3 as we progress through the Covid-19 emergency. Things in the Buller are tracking very well with no confirmed cases of the virus in the District. The main highways throughout Buller have been very actively policed and the community have largely complied with the “stay home, save lives” message, huge thanks to all for that sacrifice.

Clearly it will be some time before we are in a “business as usual” state but level 3 will allow those businesses that can operate safely to do so. For most of us level 3 means we should still stay home and maintain the bubble, this is the best defence personally and the best action you can take to make sure we get to level 2 as soon as possible. At least the economy can get moving to some degree and we protect the hard won yards that have got us this far.

Utilising the zoom video platform I recently chaired a meeting with Ministers Shane Jones, Damien O’Connor and the West Coast Mayors, Chairs and Iwi forum. During this open conversation the ministers explained current government rationale to stimulate the regional economy in response to Covid-19. Mayors and senior leaders were able to ask direct questions regarding their district applications for support. It is clear government are keen on projects that are ready to go and will generate jobs. The Ministers clearly understood that establishing even a small number of new jobs in regional townships can have significant benefit. The meeting was an excellent example of central and local government working together on solutions. I feel confident the Buller applications we have submitted are a nice fit to what the minister envisages for investment.

We know the Covid-19 fallout will be a huge economic blow for the West Coast. I believe it is important that Coast councils offer solutions to problems that keep us moving in a positive direction.

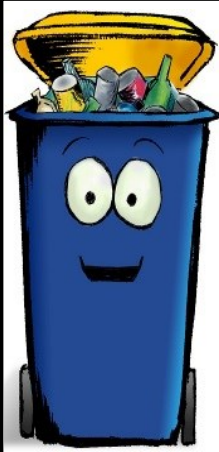
By portraying our communities in a positive light and proactively working with governments and stakeholders we can move from a spot of light at the end of the tunnel into broad daylight!

Feel free to contact me anytime or via your local councillor Rosalie Sampson - we are here to help. Take care and stay safe.



Mayor Jamie Cleine

| Email jamie.cleine@bdc.govt.nz



Karamea Landfill

Is OPEN
Wednesday,
Friday & Sunday
9am to 1pm
(except Public
Holidays)

Names and addresses will be taken for Buller District Council to invoice you

Tasman Agriculture Rural Ltd

Local business supporting local communities

During the Covid-19 alert Level 3 period our store at the Info Centre will be open each Wednesday from 10am to 12pm.

If you would like to ring ahead to place an order please call our office 03 732 3042 or Glen Atkin on 027 589 5558

For all urgent matters please contact Caroline Langford on 027 782 6657

Unite
against
COVID-19



Allied 24/7 Fuel

Karamea Fuel prices as at 27 April

91	\$1.949
95	\$2.069
DIESEL	\$1.289



Karaka Small Goods
Karamea

Hello to everyone in Karamea and Little Wanganui, we hope you are all safe and well in your bubbles!!

We will be operating in alert Level 3 by online ordering and FREE home delivery (non contact base).

Check out our price list and we are doing \$50 meat packs as well.

To place an order you can contact us on 021 034 3144 or via email at tonyibbotson@icloud.com. Payment will be arranged via online banking or by arrangement.

Karaka Karamea Smallgoods Price List

Food Premises: Retail Meat, Licence No: FP 09002

Product		per kg
Bacon	dry cure, hot smoked	\$26.00
Pork Spare Ribs	Fresh	\$12.00
Pork Mince		\$16.00
Pork Belly Roast		\$17.00
Pork Loin Chops	Loin, Bone, fresh	\$20.00
Beef Mince	lean	\$14.00
Porterhouse Steak		\$28.00
Rump Steak		\$20.00
Venison Mince	lean	\$16.00
Venison Back Steak & Fillets		\$30.00
Pepperoni GF	spicy, dry cured, aged	\$26.00
Venison Pastrami GF	small Pieces available	\$35.00
Karaka Pork Sausages GF	Fresh Lemon, Onion, Parsley	\$18.00
Chicken & Cheese	skinless Chicken Breast, Cheese, mild	\$18.00
Toulos GF	pure Pork, Garlic and Sage	\$20.00
Chorizo GF	Beef and Pork	\$20.00
Kranksy GF	Pork, Beef, Cheese	\$21.00
Saveloys	Beef	\$13.00
Beef Sausages	Beef	\$12.00
Old English, Beef Sausages GF	Beef, Tomato & Herbs	\$17.00
Venison Sausages		\$12.00
Lamb Kofta Sausage GF	mild	\$18.00
Lamb Mergeuz Sausage GF		\$20.00
Chicken Drumsticks	marinated Salt, Pepper, Organic Tamari	\$10.00
Chicken Breast	Manuka cold smoked, uncooked	\$18.00
		\$19.00
Karaka Burger	Venison or Beef and Pork, Tomatoes & Onion	\$12.00
Pet Food		\$7.50
Pet Roll		\$3.00
Dog Bones	Beef or Venison (Bag approx. 2,5kg)	Bag \$6

GF = Gluten free

Available Friday 01.05.2020

fresh Chicken Breast	\$18.00
fresh Chicken Thighs	\$19.00
Pork Fillets	\$22.00

Price Changes without notice

Karamea Police Update

By Constable Alan Kees, Karamea



To assist the Karamea community with what travel means under alert Level 3 please read the extract below from the government website of Ministry of Transport .

In short unless there is an essential reason for travel you stay at home.

Although you are allowed to drive to the beach for exercise, fishing or surfing, this travel is limited i.e. its to the nearest beach not your favourite beach which was emphasised in the Minister's interviews.

I hope this assists people when it comes to deciding is this travel essential or not. Basically if it can wait it's not needed

Transport by Covid-19 Alert Level – www.transport.govt.nz

Private car, rental vehicles, small passenger services (taxis and rideshare), car share

** An operator providing car share services under contract to businesses providing essential services (e.g. DHBs) can continue to provide that car share service (with appropriate cleaning of vehicles). Where long-term membership exists, customers may continue to utilise the vehicle where they are the only person or people from the same isolation group using that vehicle. It is not acceptable for car share vehicles to be provided under any other circumstances e.g. on a per hour basis.*

Alert Level 3

You can only travel using these vehicles for essential personal movement in your local area (which may include crossing a regional boundary if part of your local area) if you are:

- ▶ accessing services (e.g. supermarket, takeaways), where this is permitted at Alert Level 3
- ▶ going to work and school,
- ▶ accessing low-risk recreation,
- ▶ facilitating extended bubble arrangements,
- ▶ travelling to permitted gatherings.

You can travel between regions using these vehicles if (note approval may be required for some travel purposes):

- ▶ you are doing essential work,
- ▶ facilitating 'shared bubble arrangements' (i.e. relating to custody of children),
- ▶ you are relocating a home or business,
- ▶ you are travelling for medical reasons,
- ▶ you are travelling for an emergency or to give effect to a court order,
- ▶ you have an exemption to travel because of compassionate reasons (if driving between regions)
- ▶ you are going to a funeral or tangihanga,
- ▶ you are a foreign national leaving New Zealand,
- ▶ you are a New Zealander resident in the Realm (Tokelau, Niue, Cook Islands) returning home,
- ▶ you have arrived in New Zealand from overseas and have completed 14 days' of managed isolation or quarantine at the port of your arrival (except air and marine crew) and need to go home,
- ▶ you have been 'stuck' in wrong place and need to get back to your home or place of work (in this instance a one-way trip only is permitted and the region you are travelling to must be at the same alert level, or at a higher alert level).

Even if you fall within one of the groups above, you cannot travel if: you are required to self-isolate (e.g. you have arrived from overseas); have symptoms of COVID-19; are being tested for COVID-19; or are a suspected, probable or confirmed case of COVID-19 (except where using your private car and you are acting in accordance with advice from Healthline or your healthcare provider).

Physical distancing and public health measures apply. Vehicles other than private cars must be cleaned regularly in accordance with MOH guidance.

Alert Level 2

You are advised to minimise any 'non-essential travel' using these vehicles.

You cannot travel using these vehicle, if you:

- ▶ are required to self-isolate (e.g. you have arrived from overseas); have symptoms of Covid-19; are being tested for Covid-19; or are a suspected, probably or confirmed case of Covid-19 (except where using your private car and you are acting in accordance with advice from Healthline or your healthcare provider),
- ▶ have arrived in New Zealand from overseas and have not completed 14 days' of managed isolation or quarantine at the port of your arrival (except air and marine crew).

Public health measures apply.

Vehicles other than private cars must be cleaned regularly in accordance with MOH guidance.



Karamea Info Centre Update

Hi everyone we hope you are staying safe and well in your bubbles and that you have enjoyed reading and finding these special Covid-19 Editions of the Chronicle useful.

Unfortunately under alert Level 3 the Info Centre is to remain CLOSED as we are unable to operate by face-to-face contact.

Tasman Ag will continue to operate each Wednesday between 10am to 12pm run by Caroline Langford.

We look forward to your continued support and catching up with you all soon.

Stay safe everyone
Michelle, Brian & Liz



Hi everyone we have missed you all over this isolation period and hopefully soon we will be able to open starting with phone orders selling you, your essential daily coffee, smoothies, our favourite homemade pies and toasted sandwiches.

Check out our Facebook page for our opening including the rules on contactless pickup and payment plus any other updates on what we will be selling as we are hoping to expand as we move forward with Covid-19.

Stay safe and we look forward to your continued support.

Vinnie & Lisa

www.facebook.com/Vinnies-cafe

From Tuesday we are...

OPEN WITH CLOSED DOORS

**Everything you need,
martin@mitre10.co.nz**



SHOP NOW

MITRE 10

**Contactless shopping
with order & collect.**



SHOP NOW

MITRE 10

**Or choose contactless
home delivery.**



SHOP NOW

MITRE 10

**Or call your local store,
and we'll sort it.**



SHOP NOW

MITRE 10

From Tuesday morning at 7.30am Mitre 10 is back to business so you can get back to improving your home.

Our doors will still be closed at level 3 but we can sell every product from across the whole store. Just call us on 789 7879 and one of our friendly team can help fill your order. If the phones are busy please bear with us as we may have a higher caller volume than normal. You can help us by checking www.mitre10.co.nz for product codes before you ring.

Please note if you order from online your order will not currently come from our store. Or you can email us at martin@mitre10.co.nz with the products you are after with contact details including your name and phone number.

MITRE 10

cnr Palmerston & Pakington sts, Westport - Ph: 789 7879

**BAGGED COAL, WOOD
AND WOOD FIRE PELLETS
AVAILABLE.**

New School Hall/Gym

Contributed by Friends of Karamea Area School (FoKAS)

Generations of Karamea people have wanted a purpose built hall and gymnasium to serve the school and wider community.

When it was opened officially in the early 1970s, the amazing effort and achievement of the Karamea community, to dismantle and bring the old Denniston School to Karamea and reassemble it as the current assembly hall, became a source of immense local pride and legend.

The building has served the school and wider community well in the subsequent decades, hosting school events, fundraising activities such as wine and cheese evenings (for the school swimming pool) and theatre restaurant, funerals and wedding receptions to name a few uses.

The building has had some renovations and remodelling since it was first reconstructed on site, but remains pretty much the same building. Despite the achievement of the community to build it, size and configuration meant the school hall was not suitable for a wide range of activities and certainly not for a range of indoor sports activities.

Fifty years on, the Karamea Area School is about to be rebuilt. This project includes a new school hall/gymnasium building.

Initially the Ministry of Education designs were for a building only slightly larger than the current hall. The Board of Trustees committed \$400,000 to make it slightly bigger and recognised the opportunity for the community to have a hall big enough for a full sized basketball court, if the community could come up with a further \$400 000.

A committee, consisting of members from the Board of Trustees, school staff, Karamea Community Incorporated (KCI) and the wider community was formed. The group is called Friends of Karamea Area School (FoKAS) and has subsequently become an autonomous subcommittee of KCI enabling FoKAS to utilise KCI's charitable status and concentrate on fundraising right from the time of formation.

An application for the full \$400 000 to the Community Led Development Programme (CLDP) fund was rapidly prepared. With a timeframe for preparation of one week, the group was fortunate to be able to utilise information sourced from the Ministry of Education and a feasibility study prepared for Karamea Sports and Culture Inc. and managed to lodge the application for the March funding round.

To the surprise and delight of the committee, the CLDP panel has conditionally granted the full amount. Karamea can finally have the facility that the majority of community members have wanted for so long.



Operating Under Alert Level 3

By Development West Coast

A pop up website is being created to promote West Coast businesses that will be operating during Alert Level 3.

Over 100 Coast businesses have already signed up!

If you have a business and want to be added to the website, please put your info in the form below - so we can help let everyone else know you are operating,

Enter your business details:

<https://docs.google.com/.../1FAIpQLSfLbjnk-ljRnQcDKF.../viewform>

Need help getting your business online?

Swiftly is a 100% free platform that allows you to take orders online - and you can be set up in minutes.

Create your online store:

www.swiftly.nz/

Video on setting up a store with Swiftly:

www.growwairarapa.nz/post/covid-19-information-page

Wellington NZ Webinar

Getting your business online: digital tools for ecommerce

DATE: Thursday, 30 April

TIME: 10.00am

www.wellingtonnz.com/.../online-workshops-building-business-.../

If you have any difficulty getting your business online contact: info@dwc.org.nz



KARAMEA VILLAGE HOTEL

AS WE ENTER LEVEL3, WE HAVE DEVELOPED A SAFE COMMUNITY ENVIRONMENT TO BE ABLE TO OFFER

TAKEAWAYS - FOOD & ALCOHOL - DRIVE THROUGH

- Orders can be placed from 3pm to 8pm on Friday, Saturday and Sunday.
- We ask you to please place your order by telephone 7826 800 and please pay by Eftpos to allow us to ensure contactless sales are easy.
- Pickup point for takeaways will be at the front door of the Hotel – this will be contactless and you will not be able to enter the building
- You will be given a specific time to pick up your takeaway (**be it Food, Liquor or both**). We will be spacing orders 15 minutes apart to avoid any public congestion at the pickup.
- Drive in the Waverley Street entrance and exit Wharf Road. This will be well sign posted
- You are welcome to wait in the car.
- The Eftpos machine will be on the table at the door entrance for payment. Once paid we will place the items on the table for collection.
- There will be hand sanitizer at the table and we will use gloves and sanitizer, and have minimal contact with your packaging.
- Our team will be following all the strict sanitization steps before and after pick up.

To order alcohol YOU MUST BE OVER 18 years old and not intoxicated

We know you have been hanging out for your usual supplies and we look forward to getting this drive through service up and running.

Our usual Takeaway food MENU consists of:

Fish (battered \$5.00 or crumbed \$5.40)

Jumbo Sausage \$3.20

Hot dog \$3.60

Chicken Nugget \$1.10

Chips – full scoop \$4.00 or half scoop \$3.00

Wedges – with sour cream and sweet chilli sauce \$7.20

Donut \$3.30

Spring or Curry Roll \$3.90

Crab Stick \$1.80

Battered Pineapple Ring \$2.80

Salad - Lettuce OR Coleslaw \$5.80

BURGERS come with lettuce, cheese, tomato and beetroot and a serving of chips \$19.50

Flavours include:

BEEF – 180 gram prime beef patty (made on the premises), served with aioli sauce

CHICKEN - Japanese fried Chicken, pickled ginger and chilli mayonnaise.

FISH - Lightly battered Rig with creamy tartare sauce and mayonnaise.

FALAFEL - Falafel patty (made on the premises), tomato relish and aioli

Our **SPECIALS EACH WEEK** will include a **PRIMARY SCHOOL TUCKER BAG \$12.00** - This week chips, chicken nuggets, mini hotdog and a decorated gingerbread man.

ALSO THIS WEEK

Friday Night - TAPAS PACK - feeds 3-4 people \$45.00

1 loaf of Sander's Sourdough Bread. Pottles of hummus, olives, tomato & zucchini salad, chicken pate' and pickled cauliflower.

Saturday Night - PULLED PORK BURRITO \$16.00

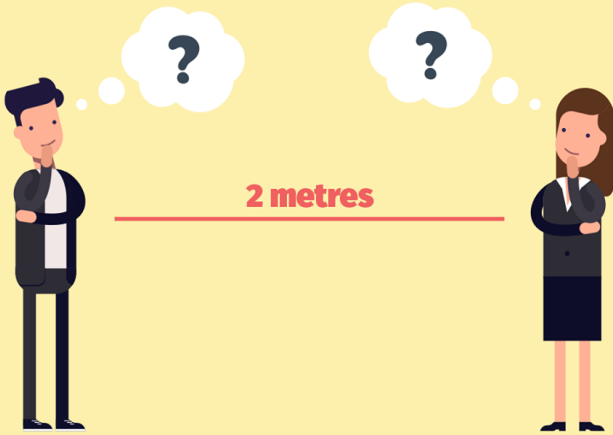
Coleslaw, lettuce and sour cream

Sunday Night - THAI FISH CURRY \$19.00

Served with Jasmine Rice.

SO ROLL ON UP FRIDAY, SATURDAY & SUNDAY'S

**If in doubt,
act like you have
COVID-19**



Buller Civil Defence Update

From midnight Monday, 27 April we will move to alert Level 3.

BULLER

You must keep your bubble as small as possible. If you need to, you can expand your bubble a small amount to bring in close family, isolated people or caregivers.

These people do not need to live in the same household, but must be local.

Always keep your bubble exclusive, and keep it small.

For the most up-to-date information and more about alert Level 3 go to the www.covid19.govt.nz website.

You can also follow us on Facebook <https://www.facebook.com/BullerCD/>.

And the people stayed at home.
And read books, and listened, and rested,
and exercised, and made art, and played games,
and learned new ways of being, and were still.
And listened more deeply.
Some meditated, some prayed, some danced.
Some met their shadows.
And the people began to think differently.

And the people healed.
And, in the absence of people living in ignorant,
dangerous, mindless and heartless ways,
the earth began to heal.

And when the danger passed,
and the people joined together again,
they grieved their losses,
and made new choices, and dreamed new images,
and created new ways to live and heal the earth fully,
as they had been healed.

-Kitty O'Meara

Thank you to our supermarket workers



#StayHomeNZ 



Which Direction Are We Going?

By Liz Kerslake

Hi Folks, I hope however your Rāhui\Lockdown is unfolding you have found some time for reflection and maybe a wee reset, or at the very least managed to grab a moment of peace and quiet. I have been working from home with varying degrees of success, and trying to prepare our garden for winter. I've found the onslaught of information beamed through my screen, coupled with special offers on a myriad of courses, movies, and ways to fritter away the days a bit overwhelming in all honesty, and maybe I've been reading about self care more than actually doing it. I have not mastered a new language or instrument. I imagine having tamariki at home is even more of a challenge. Yes we're sailing the choppy waters of uncertainty, so I reckon it's more important than ever to know where we would like to end up.

I'm curious, have recent events changed your relationship with the world at all? Have you noticed anything that is unsustainable, or not working? Have you clarified your needs? Did you manage to slow down?

Have you got a clear idea of how you would like things to pan out?

It's a question as a community we have been asking ourselves for a number of years now, and we've been coming up with some pretty kickass answers. At our Community Gathering in March around 40 people came together to co-edit our Community Plan. This is a fluid document that is edited each year to reflect the energy and ideas of Karamea community, and hopefully harnesses our collective vision for where we would like to go.

A full copy is ready to view on our website karamea.nz (check it out under KCI documents), and will be included in the next special Covid-19 edition of the Chronicle for you to keep hold of, after all there's no point in having a Community Plan that only a handful of people are aware of. The great news is that there so much good stuff already underway in our little slice of paradise, and our collective ideas are steering us in a direction that values everyone in our community - including creatures, plants, land and water.

As always I'm open to your ideas about community-led development in Karamea, and am here to water seeds of awesomeness as they sprout up. Feel free to get in touch to share your thoughts via email on karameacommunity@gmail.com or phone 020 4003 1983.

Kia kaha, kia haumarū, kia ora
Be strong, be safe, be well

Protect yourself and others from COVID-19

- Wash your hands with soap and water often (for at least 20 seconds). Then dry.
- Cough or sneeze into your elbow or by covering your mouth and nose with tissues.
- Clean and disinfect frequently touched surfaces and objects, such as doorknobs.
- Don't touch your eyes, nose or mouth if your hands are not clean.
- Put used tissues in the bin or a bag immediately.
- Stay home if you feel unwell.

For updates and more information on keeping yourself safe, visit Covid19.govt.nz
New Zealand Government

Unite against COVID-19

Be kind. Check-in on the elderly or vulnerable.

Make a difference by:

- checking-in on any elderly or vulnerable people you know
- dropping supplies to those at home sick.

Find out more at Covid19.govt.nz
New Zealand Government

Unite against COVID-19

Level 3 Guidance for Seniors Available

By Hon Tracey Martin, Beehive Media Release - 26 April

Guidance around what Alert Level 3 means for people over 70 and other higher-risk groups is now available on the COVID-19 website, Minister for Seniors Tracey Martin said today.

“It’s really important that we let seniors, employers and the general public know what’s expected and what they are allowed to do from Tuesday,” says Minister Martin.

“The basic rules are the same. We want everyone, wherever possible, to stay in their ‘bubble’ and work from home to reduce the risk of catching or spreading COVID-19.

“Over-70s and other higher-risk groups have the same rights as everyone else to go to work, to exercise and to access essential services like supermarkets and banks. It’s just that we’re asking them to be especially careful,” Mrs Martin says.

“Like everyone else, travel should be kept to a minimum, so use online services or have others shop for you where possible, and if you are out keep two metres distance from other people.”

Under Alert Level 3, seniors can:

- extend their ‘bubble’ carefully, for example by letting close family or a caregiver into their home
- go to a local beach or park for fresh air and exercise
- shop for essential services such as at the chemist or

supermarket

- take children to school if they are caregivers, and
- volunteer or go to work if they cannot do this from home and it is safe.

“No workplaces should be operating unless they are safely managing COVID risks, so there is no reason to exclude workers on the basis of age or disability,” Minister Martin says.

“The other side of that is that some people do have specific health conditions that mean that they need to manage themselves differently, and they need to talk to their employers and agree on these work and leave arrangements. To support this, the COVID-19 Leave Support Scheme that covers workers who are unable to work from home and need to self-isolate has been expanded to all businesses, organisations, and self-employed people, not just essential services.”

The Minister said getting the Level 3 guidance out was important as various groups and individuals had been asking for clarification about what the changes meant for them.

“People want to do the right thing,” Minister Martin says.

“Seniors have been incredibly good at doing their bit and following the rules and a whole range of groups and individuals have been great at providing support to them. We just need to make sure this continues.”

The guidance is available at: <https://covid19.govt.nz/alert-system/alert-level-3/#at-risk-people>.



FREE BUSINESS STATUS DECALS

By Development West Coast

Have your business stand out and highlight your business trading model during COVID19 with a series of eye catching 600mm wide window decals. We are supplying these for free, installed in the Hokitika and Greymouth areas, or available for pick up from Signlink Graphics.

To get your window decal please email info@signlink.co.nz with your business status, contact details, and location.

Alternatively, we can provide a JPEG of the decal that applies to your business for your own use.

[#hellocoasters](#) [#colourcoded](#) [#shoplocal](#)

